



All classes meet at the sailing school building, next to the pool, in Westport's Longshore Club Park.

Seasonal parking restrictions will be in effect. No one may park or leave their car unattended in the circle at any time! If you wish to walk back with your child you must park in the appropriate parking lot. Some parking areas are for Westport residents only. If you do not have a parking emblem on your car, see the attendant (when on duty) for instructions on where to park (LOT F). Please allow enough time and obey all signs. We suggest a visit before your first day.

What to bring:

1. Your confirmation e-mail (please print it out and hand-write any updates to emergency contact information).
2. A waiver signed by a parent or guardian (attached to this email).
3. A swim suit and towel for the swim test (first day of on-the-water courses).
4. Close-toed shoes which you don't mind getting wet.
5. A fleece or sweatshirt (light jacket) -- our water-side classrooms are shaded.
6. A properly sized U.S.C.G.-approved life jacket each day. Kids 50-90 lbs. should wear a "Junior" size, kids over 90lbs may wear an adult X-Small. Please mark your name on your PFD. (MTI, and Stohlquist are some brands we recommend). Youth PFDs are available for purchase in the LSS office.
7. Healthy snack and water!

Swim Test: Conducted in the pool the first day of each on-the-water course.

Tread water for 2 mins., then swim any stroke for 50 yards (two pool lengths).

Rainy Days: Except for hurricanes, classes are never cancelled. Always come! Please do not call. We sail in gentle drizzle. Dress appropriately. When sailing is ill-advised, we get ahead on classroom work so we can sail more on nicer days.

Eye glasses: Glasses sink. If you wear glasses, please secure them. Croakies are available at our office counter.

Instructors: All sailing classes are supervised by instructors who are US Sailing Level 1 and CPR & First Aid certified.